



# Efficacy and safety of immune checkpoint inhibitors for individuals with advanced *EGFR*-mutated non-small-cell lung cancer who progressed on *EGFR* tyrosine-kinase inhibitors: a systematic review, meta-analysis, and network meta-analysis

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## Summary

**Background** The clinical benefits of immune checkpoint inhibitor (ICI)-based treatments in treating individuals with advanced *EGFR*-mutated non-small-cell lung cancer (NSCLC) who have progressed on *EGFR* tyrosine-kinase inhibitors (TKIs) remain controversial. We aimed to review the literature to comprehensively investigate the individual and comparative clinical outcomes of various ICI-based treatment strategies in this population.

**Methods** In this systematic review and meta-analysis, we used single-arm, pairwise, and network meta-analytical approaches. We searched PubMed, Embase, Cochrane Library, Web of Science, ClinicalTrials.gov, and relevant international conference proceedings from database inception to Jan 31, 2024, without language restrictions, to identify eligible clinical trials that assessed ICI-based treatments for individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs. Studies considered eligible were published and unpublished phase 1, 2, or 3 clinical trials enrolling participants with histologically or cytologically confirmed advanced *EGFR*-mutated NSCLC who had progressed after at least one *EGFR*-TKI treatment, and that evaluated ICI-based treatment strategies on at least one of the clinical outcomes of interest. The primary outcome analysed was progression-free survival. The protocol is registered with PROSPERO, CRD42021292626.

**Findings** 17 single-arm trials and 15 randomised controlled trials, involving 2886 participants and seven ICI-based treatment strategies (ICI monotherapy, ICI plus chemotherapy [ICI-chemo], ICI plus antiangiogenesis [ICI-antiangio], ICI plus antiangiogenesis plus chemotherapy [ICI-antiangio-chemo], dual ICIs [ICI-ICI], dual ICIs plus chemotherapy [ICI-ICI-chemo], and ICI plus *EGFR*-TKI [ICI-TKI]), were included. Three of these strategies—ICI monotherapy, ICI-antiangio-chemo, and ICI-chemo—had sufficient data across the included studies to perform a pairwise meta-analysis. The pairwise meta-analysis showed that, compared with chemotherapy, ICI monotherapy led to shorter progression-free survival (hazard ratio [HR] 1.73 [95% CI 1.30–2.29],  $P=0\%$ ), whereas ICI-antiangio-chemo (HR 0.54 [0.44–0.67],  $P=0\%$ ) and ICI-chemo (HR 0.77 [0.67–0.88],  $P=0\%$ ) prolonged progression-free survival. The network meta-analysis showed that ICI-antiangio-chemo yielded the best progression-free survival results, with substantial benefits over ICI-chemo (HR 0.71 [95% credible interval 0.59–0.85]), ICI monotherapy (HR 0.30 [0.22–0.41]), and non-ICI treatment strategies including antiangio-chemo (HR 0.76 [0.58–1.00]) and chemotherapy alone (HR 0.54 [0.45–0.64]). ICI-antiangio-chemo was associated with higher risks of both any-grade and grade 3 or worse adverse events over ICI-chemo and chemotherapy in the network meta-analysis.

**Interpretation** For individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs, ICI-antiangio-chemo was identified as the optimal treatment option. The toxicity of this treatment was acceptable but needs careful attention. ICI-chemo showed appreciably greater efficacy than the standard-of-care chemotherapy. These findings clarified the roles of ICI-based treatment strategies in this difficult-to-treat refractory population, potentially complementing recent guidelines.

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## Introduction

Approximately 40–50% of East Asian and 10–20% of White people with non-small-cell lung cancer (NSCLC)

carry the *EGFR* mutation.<sup>1,2</sup> For these individuals, various *EGFR* tyrosine-kinase inhibitors (TKIs), including erlotinib and gefitinib (first-generation), afatinib and

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## Research in context

### Evidence before this study

In individuals with advanced *EGFR*-mutated non-small-cell lung cancer (NSCLC), durable benefits of *EGFR* tyrosine-kinase inhibitors (TKIs) remain a challenge owing to the inevitable development of acquired resistance. Previous evidence has revealed the insufficient efficacy of immune checkpoint inhibitors (ICIs) as salvage therapies in individuals with resistance to tyrosine-kinase inhibitors. However, it remains unclear whether these individuals could benefit from the combination of ICIs with other treatments, including chemotherapies, antiangiogenic therapies, and *EGFR*-TKIs. We conducted a comprehensive meta-analysis using single-arm, pairwise, and network approaches to evaluate the individual and comparative clinical outcomes of various ICI-based treatment strategies in individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs. We searched PubMed, Embase, Cochrane Library, Web of Science, and ClinicalTrials.gov, and relevant international conference proceedings for clinical trials from database inception to Jan 31, 2024, using terms including “*EGFR*”, “NSCLC”, “immunotherapy”, “immune checkpoint inhibitor”, “PD-1”, “PD-L1”, and “CTLA-4” (full names and abbreviations), without language restrictions.

### Added value of this study

This study, to our knowledge, is the first to summarise the efficacy and safety of all ICI-based treatment strategies, including ICI monotherapy and its combinations with other treatments, in individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs. Our findings indicate that, for this population, ICI combined with chemotherapy resulted in improved outcomes compared with standard-of-care chemotherapy alone. Addition of antiangiogenic therapy to the ICI-chemotherapy combination further prolonged progression-free survival. However, the increased toxicity of this treatment approach should be carefully considered as it caused more adverse events than chemotherapy or ICI combined with chemotherapy. Subgroup analyses underscore the importance of using a personalised approach to these ICI-based treatment strategies according to PD-L1 expression level, *EGFR* mutation type, and Thr790Met mutation status.

### Implications of all the available evidence

Our study clarified the roles of ICI-based treatment strategies in individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs. Our findings will potentially aid the decision-making process and complement recent treatment guidelines for this difficult-to-treat population.

dacomitinib (second-generation), and osimertinib (third-generation), have been established as the upfront standard-of-care treatments.<sup>3</sup> However, acquired resistance inevitably occurs in almost all responding individuals, with a median progression-free survival of 10–14 months for first-generation and second-generation and 18·9 months for third-generation *EGFR*-TKIs in a first-line setting.<sup>4–8</sup> Although third-generation *EGFR*-TKIs can be an effective salvage therapy for individuals with a Thr790Met mutation—emerging in 50% or more patients progressing on earlier-generation *EGFR*-TKIs—their efficacy remains low due to other resistance factors, such as *MET* amplification.<sup>9,10</sup>

The advancement of immune checkpoint inhibitors (ICIs) targeting PD-1, PD-L1, or CTLA-4 checkpoint proteins has led to increased investigations into their role in patients who progressed on third-generation *EGFR*-TKIs or on earlier-generation *EGFR*-TKIs without the Thr790Met mutation. However, ICI monotherapies have shown inadequate efficacy in this setting,<sup>11–14</sup> and ICI-based combination treatments have shown inconsistent results.<sup>15,16</sup> For example, ICI plus chemotherapy (ICI-chemo) showed significant improvement in progression-free survival compared with chemotherapy in the ORIENT-31 study (hazard ratio [HR] 0·72 [95% CI 0·55–0·95],  $p=0\cdot016$ )<sup>17</sup> and KEYNOTE-789 study (HR 0·80 [0·65–0·97],  $p=0\cdot012$ ),<sup>18</sup> but not in the CheckMate 722 study (HR 0·75 [0·56–1·00],  $p=0\cdot053$ ).<sup>19</sup> ICI plus antiangiogenesis and chemotherapy

(ICI-antiangiogeno-chemo) consistently showed encouraging outcomes over non-ICI-based therapies in the ORIENT-31 and IMpower150 studies.<sup>17,20</sup> However, the antitumour activity of ICI-antiangiogeno-chemo therapy has not been conclusively established due to the absence of direct comparisons with other ICI-based combination treatments in randomised controlled trials.

In this difficult-to-treat population, another key issue is the absence of reliable efficacy biomarkers for guiding the use of ICI-based treatments, as individuals with distinct clinical and pathological characteristics might have different treatment responses. For instance, the ORIENT-31 study showed that individuals who were Thr790Met negative experienced greater progression-free survival benefits from sintilimab plus chemotherapy compared with those who were Thr790Met positive, and that those with a Leu858Arg mutation experienced greater benefits than those with exon 19 deletions.<sup>21</sup> Therefore, developing accurate biomarkers is essential for guiding appropriate selection of individuals who could benefit from ICI-based treatments after progressing on *EGFR*-TKIs.

We conducted this single-arm, pairwise, and network meta-analysis to investigate the individual and comparative efficacy and safety of ICI-combination treatment strategies as well as their efficacy biomarkers, which are crucial for clinicians in making the optimal treatment decision for this population of individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs.

## Methods

### Search strategy and selection criteria

We did a systematic review, meta-analysis, and network meta-analysis of clinical trials on ICI-based treatment strategies for individuals with advanced *EGFR*-mutated NSCLC who progressed on *EGFR*-TKIs, following PRISMA guidelines (appendix pp 2–5).<sup>22</sup> The review protocol was prospectively registered in PROSPERO, CRD42021292626.<sup>23</sup>

We searched the PubMed, Embase, Cochrane Library, Web of Science, and ClinicalTrials.gov databases for clinical trials from database inception to Jan 31, 2024, with combined search terms “NSCLC”, “*EGFR*”, “immunotherapy”, “immune checkpoint inhibitor”, “PD-1”, “PD-L1”, and “CTLA-4” (appendix pp 6–7). We also reviewed abstracts and presentations from major international conferences (American Association for Cancer Research Annual Meeting, American Society of Clinical Oncology Annual Meeting, European Society for Medical Oncology Congress, World Conference on Lung Cancer, and European Lung Cancer Congress) from 2019 to 2024, and checked reference lists of recent relevant reviews and meta-analyses to ensure complete literature retrieval.

Studies were deemed eligible if they were: published and unpublished phase 1, 2, or 3 clinical trials; trials enrolling participants with histologically or cytologically confirmed advanced (stage III, IV, or recurrent) *EGFR*-mutated NSCLC who have progressed after at least one *EGFR*-TKI treatment; and trials evaluating ICI-based treatment strategies on at least one of the clinical outcomes of interest, including progression-free survival, overall survival, objective response rate, disease control rate, and adverse events of any grade or severe grade (grade  $\geq 3$ ). Studies not adhering to the inclusion criteria were excluded. Other exclusion criteria were: trials that grouped the participants with *EGFR* mutations together with those with other gene aberrations (eg, anaplastic lymphoma kinase) or with no confirmed gene aberrations, yet without providing separate outcome data for participants with each specific gene aberration; and trials enrolling participants who had received a previous ICI treatment.

We extracted data including the study characteristics (study identification number, phase status, publication year, and sample size), demographic information (sex, age in years, ethnicity, and smoking status), treatments, and outcomes (HRs and their corresponding 95% CIs for progression-free survival and overall survival, and the number of participants with objective response, disease control, and any-grade or severe-grade adverse events). We prioritised data assessed by the blinded independent review committee based on the intention-to-treat principle, and the most recent data from multiple reports of a single trial with different follow-up durations. In case of missing data in a study, supplementary materials were checked and, if necessary, the corresponding

author was contacted. We independently did the literature search (YiZ, YH, and ZC) and data extraction (WW and FG). Any discordance was resolved by discussion with a senior investigator (WL).

### Data analysis

The data analysis was conducted using R software (version 4.3.2), within which we used the meta package for both the single-arm (*metaprop* function) and pairwise (*metagen* and *metabin* functions) meta-analyses, and the gemtc package for the network meta-analysis. The primary outcome analysed was progression-free survival, and secondary outcomes analysed were overall survival, objective response rate, disease control rate, and any-grade and severe-grade adverse events (appendix p 1). Risk of bias of the included studies was assessed using two tools: the Methodological Index for Nonrandomized Studies tool for single-arm clinical trials without randomisation,<sup>24</sup> and the Cochrane risk of bias tool for randomised controlled trials<sup>25</sup> (appendix pp 8–9).

The single-arm meta-analysis was conducted to calculate the overall rates of objective response and disease control, and risks of any-grade and severe-grade adverse events of each treatment strategy from all eligible trials reporting these outcomes. The pairwise meta-analysis was conducted for head-to-head comparisons involving two or more randomised controlled trials. Hazard ratios (HRs) for survival outcomes (progression-free survival and overall survival) and odds ratios (ORs) for binary outcomes (objective response rate, disease control rate, and any-grade and severe-grade adverse events) were calculated, along with their 95% CIs. For both the single-arm and pairwise meta-analyses, heterogeneity was assessed through the  $I^2$  statistic and Q-test (appendix p 1).<sup>26,27</sup> When statistical heterogeneity was substantial ( $I^2 > 50\%$  or Q-test  $p < 0.10$ ), the random-effects model was employed; otherwise, the fixed-effect model was adopted.

Network meta-analysis was conducted using a Markov chain Monte Carlo simulation technique, allowing for comparisons between any two ICI-based treatment strategies by synthesising direct and indirect evidence simultaneously.<sup>28</sup> Frequentist and Bayesian approaches are two typical frameworks fitting network meta-analysis. We adopted the Bayesian framework for its capacity to incorporate existing knowledge and manage uncertainty and sparse data, addressing challenges associated with frequentist approaches such as estimation bias and overconfident conclusions in such scenarios.<sup>29,30</sup> The fixed-effect consistency model was used, as most direct evidence was from a single trial.<sup>29</sup> Four different chains were run with 100 000 iterations, discarding 50 000 initial burn-in iterations per chain. We assessed convergence based on the shape of the posterior distributions and Gelman–Rubin diagnostics.<sup>31</sup> Summary estimate statistics were reported as HRs or ORs for the corresponding outcomes, along with their 95% credible intervals (CrIs).

See Online for appendix

Treatment rankings were determined by probabilities of superiority and summarised using the surface under the cumulative rank (SUCRA) value, ranging from 0 (certainly the least efficacious or toxic treatment) to 1 (contrary indication compared with the 0 value).<sup>30</sup> Transitivity and consistency are key assumptions underlying the network meta-analysis. The transitivity of indirect comparisons was assessed by Bayesian meta-regression analyses on the potential effects of modifiers like sample size, sex, age, ethnicity, and smoking status. Local inconsistency of direct and indirect results was assessed by the comparison of estimates from the pairwise meta-analyses (in both frequentist and Bayesian frameworks) and network meta-analyses.<sup>32,33</sup> Global inconsistency was assessed by the comparison between consistency and inconsistency models regarding the goodness of model fit.<sup>33–35</sup>

We conducted subgroup analyses to investigate the effect of key clinical modifiers and potential predictive markers of treatment efficacy. This included a single-arm meta-analysis of the objective response rate by PD-L1 expression level, and pairwise and network analyses of progression-free survival by PD-L1 expression level, EGFR mutation type (exon 19 deletion and exon 21 Leu858Arg mutation), Thr790Met mutation status, and smoking status.

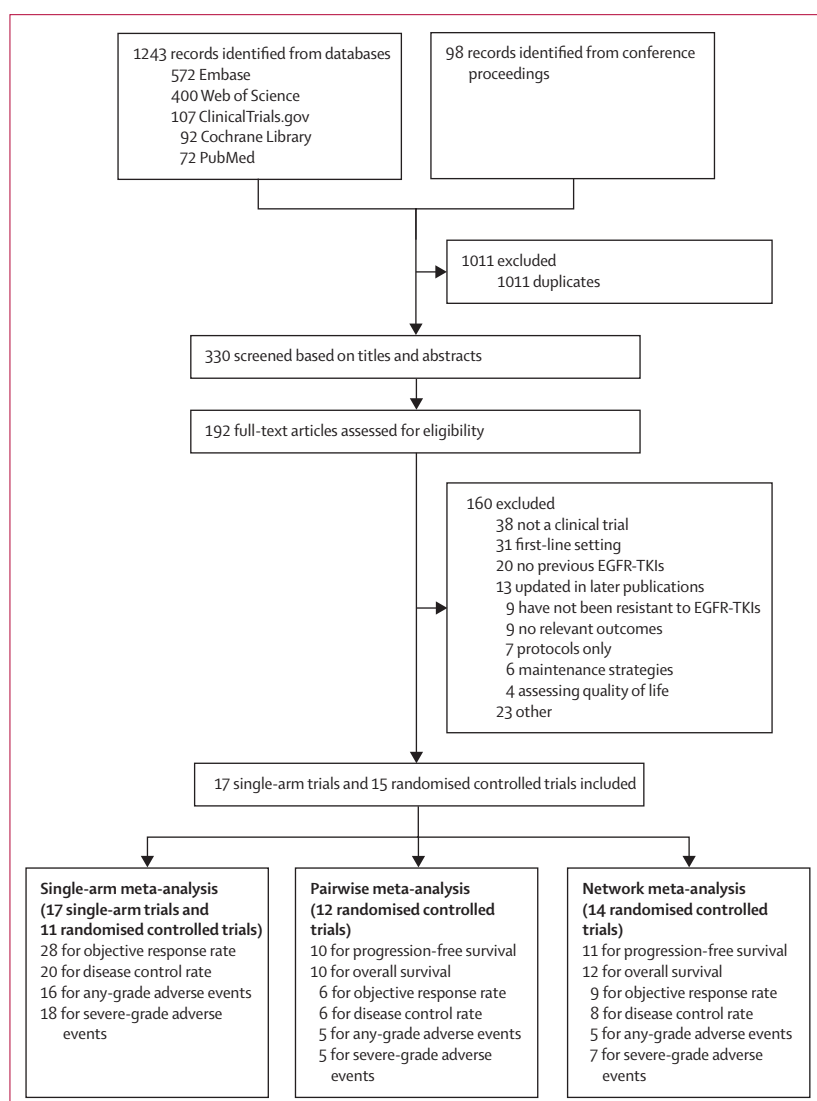
### Role of the funding source

There was no funding source for this study.

### Results

1243 records through database searches and an additional 98 studies from conference proceedings were identified (figure 1). 17 single-arm trials<sup>36–52</sup> and 15 randomised controlled trials<sup>17–20,53–63</sup> met the inclusion criteria, comprising a total of 2886 enrolled participants with *EGFR* mutations. These trials evaluated seven ICI-based treatment strategies: ICI monotherapy,<sup>36–39,53–57,59,62</sup> ICI-chemo,<sup>17,19,20,40–43,58,59</sup> ICI-antiangiogenesis-chemo,<sup>17,20,44–46,61</sup> ICI plus antiangiogenesis (ICI-antiangiogenesis),<sup>47</sup> dual ICIs (ICI-ICI),<sup>48,62</sup> dual ICIs plus chemotherapy (ICI-ICI-chemo),<sup>50</sup> and ICI-TKI.<sup>49,51,52,63</sup> Of all the included trials, 18 reported characteristics for participants with *EGFR* mutations, with higher proportions of women (1152 [59.0%] of 1952) and never smokers (1265 [65.6%] of 1929). More detailed baseline characteristics are presented in the appendix (pp 10–14). All single-arm trials were considered high quality with low risk for bias, providing clear research aims, inclusion and exclusion criteria, an appropriate follow-up period, and evaluation of results (appendix p 25). 11 randomised controlled trials were at high risk of bias, predominantly due to inadequate blinding control arising from their open-label study designs (appendix p 26).

In the single-arm meta-analysis, 28 studies (2482 participants)<sup>18–21,36–52,56–59,61–63</sup> for objective response rate, 20 studies (2205 participants)<sup>18–21,36,40,41,43–47,50–52,57,58,61–63</sup> for disease control rate, 16 studies (1970 participants)<sup>17–19,40,41,43,44,47,49,51,52,61–63</sup> for any-grade adverse events, and 18 studies (2167 participants)<sup>18,19,40,41,44,46,47,49–52,57,61–63</sup> for severe-grade adverse events were included. Across all ICI-based treatment strategies, the pooled objective response rate was 29.0% (95% CI 21.3–36.7,  $I^2=94\%$ ) and the disease control rate was 77.7% (69.9–85.4,  $I^2=93\%$ ; appendix pp 17–18). Similarly, the pooled objective response rate of chemotherapy was 29.7% (26.3–33.0,  $I^2=25\%$ ) and the disease control rate was 78.2% (72.9–83.5,  $I^2=59\%$ ; appendix p 21). ICI-antiangiogenesis-chemo had the most favourable pooled objective response rate of 60.6% (51.0–70.2,  $I^2=76\%$ ) and disease control rate of 94.6% (89.4–99.7,  $I^2=78\%$ ), followed by ICI-chemo with an objective response rate of 35.8% (28.1–43.4,  $I^2=69\%$ ) and disease control rate of 82.8% (80.1–85.5,  $I^2=16\%$ ; appendix pp 17–18). Similar efficacy



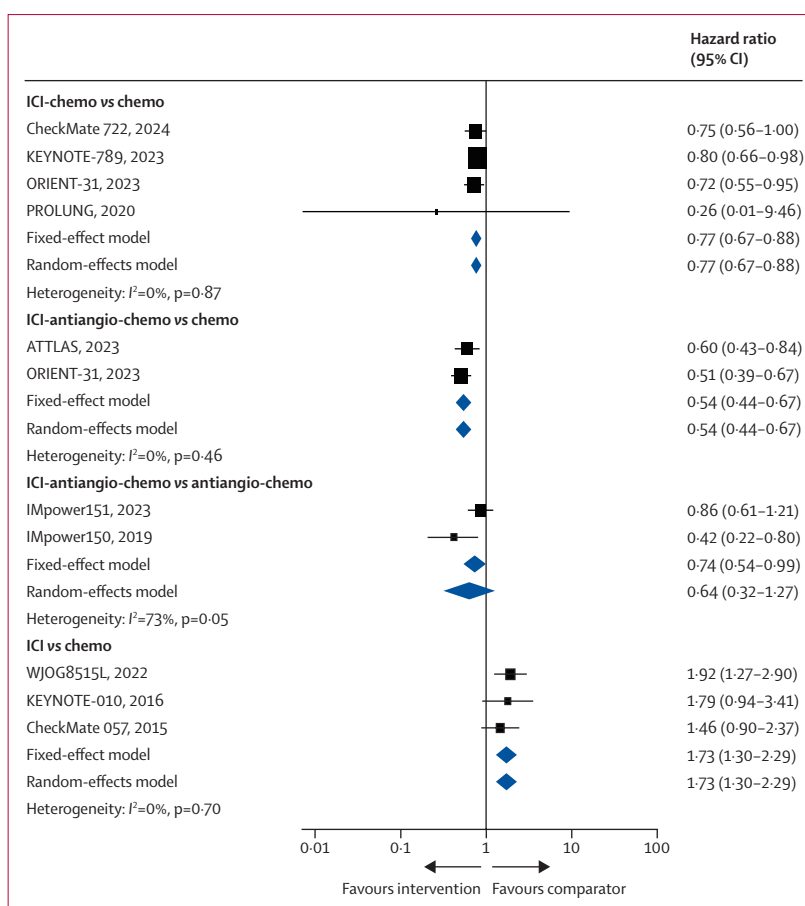
**Figure 1: Flowchart of study selection**  
TKI=tyrosine-kinase inhibitor.



was observed between ICI-TKI and chemotherapy, as well as between ICI-ICI and ICI monotherapy (appendix pp 17–18, 21). The pooled incidence of any-grade adverse events across all ICI-based treatment strategies was 91·6% (86·0–97·2,  $I^2=89\%$ ) and that of severe-grade adverse events was 37·0% (27·7–46·3,  $I^2=95\%$ ; appendix pp 19–20). The pooled incidence of any-grade adverse events of chemotherapy was 87·2% (79·0–95·3,  $I^2=91\%$ ) and that of severe-grade adverse events was 29·3% (15·5–43·0,  $I^2=93\%$ ; appendix p 21). Combination treatments caused more any-grade and severe-grade adverse events than ICI monotherapy, with ICI-antiangiogenesis-chemo (47·0% [35·0–59·0],  $I^2=82\%$ ) and ICI-chemo (47·2% [41·3–53·2],  $I^2=54\%$ ) showing the highest risk of severe-grade adverse events (appendix p 20).

The pairwise meta-analysis was available in several comparisons: ICI-antiangiogenesis-chemo versus ICI-chemo for objective response rate, disease control rate, any-grade adverse events, and severe-grade adverse events; ICI-antiangiogenesis-chemo or ICI-chemo versus chemotherapy for all assessed outcomes; ICI-antiangiogenesis-chemo versus antiangiogenesis-chemo for progression-free survival; and ICI versus chemotherapy for progression-free survival and overall survival (figure 2; appendix pp 22–24). ICI-antiangiogenesis-chemo showed an improved objective response rate compared with both ICI-chemo (OR 2·48 [95% CI 1·03–5·98],  $I^2=65\%$ ) and chemotherapy (OR 2·56 [1·78–3·67],  $I^2=0\%$ ). ICI monotherapy was associated with shorter progression-free survival than chemotherapy (HR 1·73 [95% CI 1·30–2·29],  $I^2=0\%$ ), whereas ICI-antiangiogenesis-chemo (HR 0·54 [0·44–0·67],  $I^2=0\%$ ) and ICI-chemo (HR 0·77 [0·67–0·88],  $I^2=0\%$ ) had prolonged progression-free survival compared with chemotherapy. Additionally, ICI-chemo had superior overall survival to chemotherapy (HR 0·86 [0·75–0·99],  $I^2=0\%$ ). The safety analysis indicated that ICI-antiangiogenesis-chemo had a higher incidence of any-grade adverse events compared with chemotherapy (OR 6·37 [95% CI 2·65–15·29],  $I^2=43\%$ ) and of severe-grade adverse events compared with ICI-chemo (OR 1·75 [1·17–2·62],  $I^2=0\%$ ). No increased toxicity was detected for ICI-chemo, compared with chemotherapy, with respect to both any-grade adverse events (OR 1·14 [0·77–1·71],  $I^2=0\%$ ) and severe-grade adverse events (OR 1·19 [0·69–2·04],  $I^2=77\%$ ).

In the network meta-analysis, a total of 14 randomised controlled trials (2768 participants)<sup>17–20,53–62</sup> were included. ICI-TKI could not be assessed due to insufficient data. Among the remaining six ICI-based treatment strategies, all were assessable for objective response rate, disease control rate, and severe-grade adverse events, five for progression-free survival and overall survival, and three for any-grade adverse events for their comparative estimates (figure 3). The transitivity assumption was accepted based on the absence of significant variabilities (appendix p 15). Consistency was ensured locally by the consistent results of pairwise meta-analyses (either

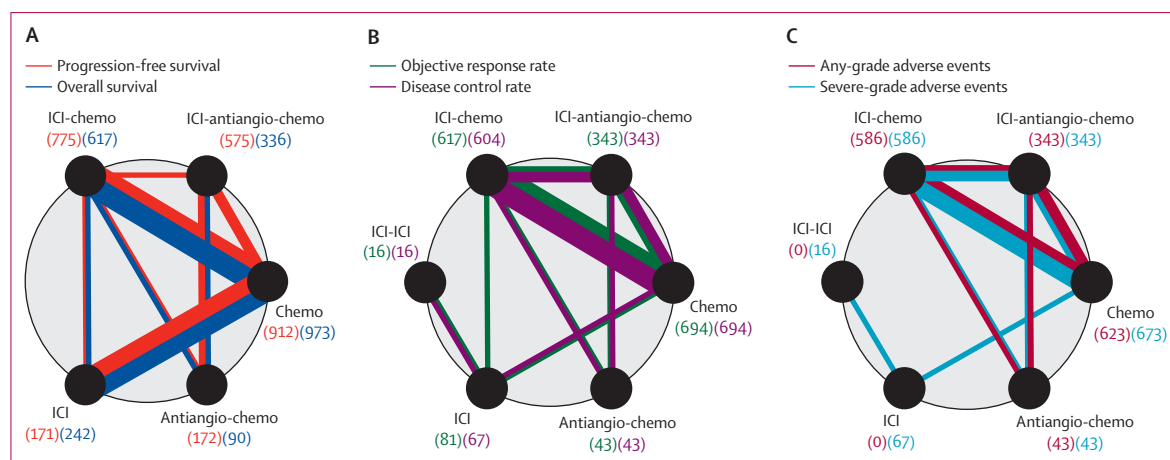


**Figure 2: Pooled progression-free survival of each head-to-head comparison in pairwise meta-analysis**  
Pooled HRs for progression-free survival and their corresponding 95% CIs. Antiangiogenesis-chemo=antiangiogenesis plus chemotherapy. Chemo=chemotherapy. HR=hazard ratio. ICI=immune checkpoint inhibitor. ICI-antiangiogenesis-chemo=ICI plus antiangiogenesis plus chemotherapy. ICI-chemo=ICI plus chemotherapy.

frequentist or Bayesian) and network meta-analyses (appendix pp 27–28), and globally by similar fit of consistency and inconsistency models (appendix p 16).

In the network meta-analysis, ICI-antiangiogenesis-chemo yielded the best progression-free survival, with significant benefits over ICI-chemo (HR 0·71 [95% CrI 0·59–0·85]), ICI monotherapy (HR 0·30 [0·22–0·41]), antiangiogenesis-chemo (HR 0·76 [0·58–1·00]), and chemotherapy (HR 0·54 [0·45–0·64]). ICI-chemo had better progression-free survival than ICI monotherapy (HR 0·42 [0·31–0·57]) and chemotherapy (HR 0·76 [0·67–0·86]). ICI monotherapy did not provide progression-free survival benefits over the non-ICI-based strategies, including chemotherapy (HR 1·80 [1·38–2·37]) and antiangiogenesis-chemo (HR 2·57 [1·72–3·84]). No significant differences were found among all the comparable treatment strategies in overall survival, except the benefit of ICI-chemo over chemotherapy alone (HR 1·15 [1·00–1·33]; figure 4A).

In terms of response rates, addition of chemotherapy to ICIs improved objective response rate compared with ICI monotherapy, and the addition of anti-angiogenic



**Figure 3: Eligible comparisons for each outcome in the network meta-analysis**

Network plots illustrating the direct and indirect comparisons for (A) progression-free survival and overall survival (B) objective response rate and disease control rate, and (C) any-grade and severe-grade adverse events. Circular nodes represent treatment strategies with the total number of involved participants in brackets. Lines represent the direct comparisons, with thicknesses proportional to the number of involved studies. Indirect comparisons in the network plots are derived from the combination of direct comparisons within the network. Antiangiogenesis-chemo=antiangiogenesis plus chemotherapy. Chemo=chemotherapy. ICI=immune checkpoint inhibitor. ICI-antiangiogenesis-chemo=ICI plus antiangiogenesis plus chemotherapy. ICI-chemo=ICI plus chemotherapy. ICI-ICI=dual ICIs.

therapy to this combination further improved objective response rate (figure 4B). ICI-antiangiogenesis-chemo and ICI-chemo showed no significant difference in disease control rate, and they both controlled the disease better than ICI monotherapy and dual therapy, and chemotherapy (figure 4B). ICI monotherapy showed inferior objective response rate and disease control rate compared with the non-ICI-based strategies. In terms of safety, ICI-antiangiogenesis-chemo was associated with higher risks of both any-grade and severe-grade adverse events over ICI-chemo and chemotherapy (figure 4C).

The Bayesian ranking profiles, based on the SUCRA values of the comparable treatment strategies for each outcome, were consistent with the results based on HR and OR estimates (appendix p 29). Of note, ICI-antiangiogenesis-chemo ranked first for the efficacy outcomes—progression-free survival (SUCRA=0.99), objective response rate (SUCRA=0.97), and disease control rate (SUCRA=0.89). However, it also ranked first in causing adverse events of any-grade (SUCRA=0.94) and severe-grade (SUCRA=0.85).

In subgroup single-arm meta-analysis, the pooled objective response rate of ICI-based treatment strategies was improved for PD-L1 expression of 1% or greater compared with less than 1% (appendix p 30). When examining each individual treatment strategy, a significantly improved objective response rate in participants with PD-L1 expression of 1% or greater compared with less than 1% could be observed for ICI-chemo but not for ICI-antiangiogenesis-chemo (appendix p 31). In subgroup pairwise meta-analysis (appendix pp 32–34), relative progression-free survival efficacy could be explored for the comparison of ICI-antiangiogenesis-chemo versus chemotherapy involving two trials.<sup>21,61</sup> Compared with chemotherapy alone, ICI-antiangiogenesis-chemo showed a

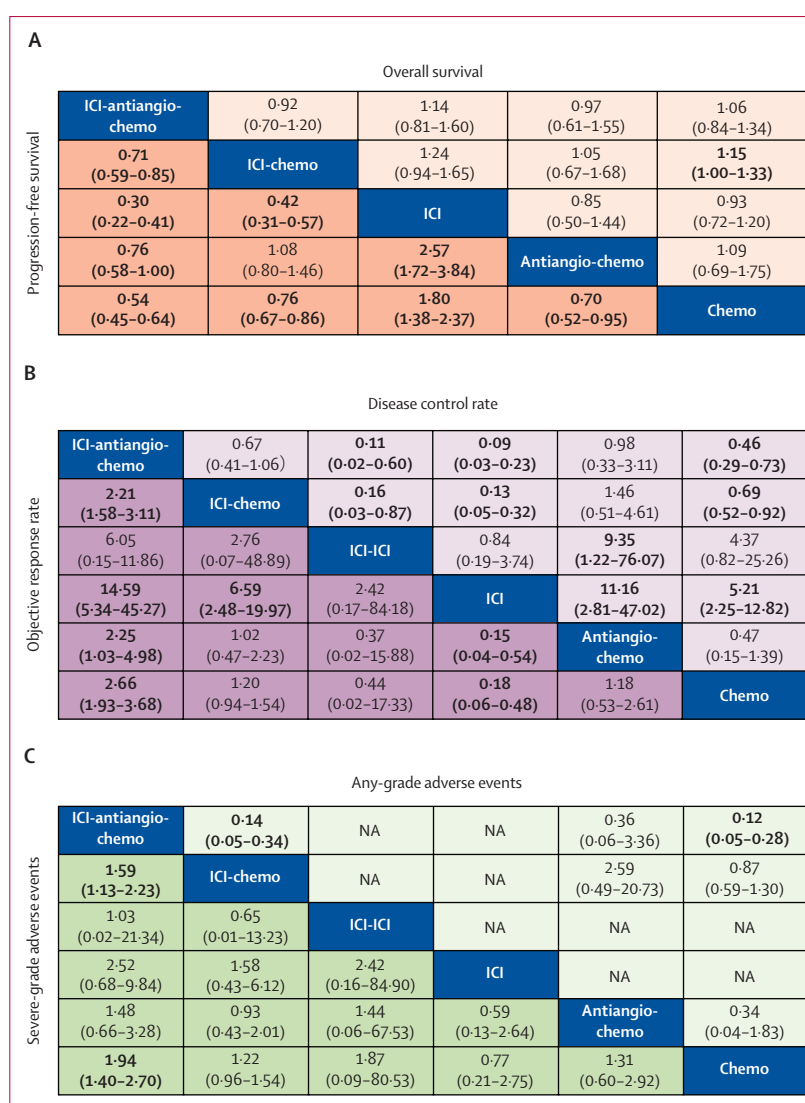
favourable HR for progression-free survival across most subgroups, except for participants with Thr790Met mutations; progression-free survival was greater for participants with Leu858Arg mutation than for those with exon 19 deletion, and did not change with the smoking status of the participants (appendix p 34). In subgroup network meta-analysis (appendix pp 35–38), ICI-antiangiogenesis-chemo yielded progression-free survival benefits over ICI monotherapy and chemotherapy across most subgroups, except in participants with Thr790Met mutations when compared with chemotherapy. ICI-antiangiogenesis-chemo yielded progression-free survival benefits over ICI-chemo for participants with PD-L1 expression of 50% or greater, negative Thr790Met mutations, and smoking history, but not in those with PD-L1 expression below 1% or those with EGFR exon 19 deletion, EGFR exon 21 Leu858Arg mutation, or Thr790Met mutations.

## Discussion

In this meta-analysis, we comprehensively summarised the efficacy and safety of currently available ICI-based treatment strategies, including ICI monotherapy and its combination with chemotherapy, antiangiogenic agents, another ICI, and EGFR-TKIs for individuals with advanced EGFR-mutated NSCLC who progressed on EGFR-TKIs. The pooled results from single-arm, pairwise, and network meta-analyses were highly consistent, indicating that the efficacy of ICI monotherapy can be improved by combination with non-ICI-based treatments. Specifically, ICI-chemo showed encouraging antitumour activity with significant improvements in progression-free survival and disease control rate over ICI monotherapy and chemotherapy alone. Furthermore, the addition of an antiangiogenic therapy to

the ICI-chemo combination (ICI-antiangiogeno-chemo) appeared to be the most effective treatment strategy, offering the best benefits in terms of progression-free survival, objective response rate, and disease control rate amongst all comparable treatment options.

The benefits observed with these combination therapies over their individual components suggest a synergetic effect of ICI-based and non-ICI based therapies in enhancing the anticancer activity in the *EGFR*-mutated tumour microenvironment, which is known to be immunosuppressive.<sup>66</sup> Although the precise mechanisms underlying these synergistic effects remain to be fully understood, studies suggest that chemotherapy-induced neoantigen release and antiangiogenesis-induced immune reprogramming play important roles in activating the tumour microenvironment from an immunosuppressive state.<sup>67–70</sup> In addition, multiple preclinical studies<sup>71,72</sup> have shown that *EGFR*-TKI resistance is associated with increased tumour VEGF levels, and targeted anti-angiogenic therapy could enhance antitumour activity in this resistant tumour. The subgroup analyses showed that the level of PD-L1 expression could be a beneficial biomarker of ICI-based treatment strategies. However, this predictive value varied across different individual treatment strategies. Specifically, PD-L1 expression levels showed a predictive value for ICI-chemo with a cutoff point of 1%, whereas this was not the case for ICI-antiangiogeno-chemo, possibly due to the immune effect of the interaction between VEGF level signalling and its inhibition.<sup>73,74</sup> Our study also elucidated that the *EGFR* Leu858Arg mutation serves as a positive and Thr790Met mutations as negative prognostic indicators for ICI-antiangiogeno-chemo. Partial explanations for this finding might be the higher tumour mutation burden in tumours with Leu858Arg mutation than those with exon 19 deletion,<sup>75</sup> and a lower PD-L1 expression level in Thr790Met-mutated tumours than in Thr790Met-negative tumours;<sup>76</sup> moreover, CD8+PD-1+ T cells infiltrate more in tumours with Leu858Arg mutation than in those with exon 19 deletion, and less in Thr790Met-mutated tumours than in Thr790Met-negative tumours.<sup>77</sup> Subgroup network meta-analysis supported the use of ICI-antiangiogeno-chemo and ICI-chemo according to the participant characteristics. These findings underscore the complex interplay between genetic mutations, the tumour microenvironment, and immune response, and thus highlight the value of a biomarker-directed approach in selecting tailored ICI-based treatment strategies for individuals with advanced *EGFR*-mutated NSCLC who have progressed on *EGFR*-TKIs. However, these subgroup findings should be interpreted with caution due to limitations such as small sample sizes, imbalanced baseline characteristics, and low statistical power. Consequently, there is a need for further clinical research to validate these potential efficacy predictors.



**Figure 4: Pooled efficacy and safety estimates of multiple comparisons in network meta-analysis** (A) Progression-free survival and overall survival. (B) Objective response rate and disease control rate. (C) Any-grade and severe-grade adverse events. Data are pooled HR (95% credible interval) for A and OR (95% credible interval) for B and C. Bold data indicate a significant difference. Antiangiogeno-chemo=antiangiogenesis plus chemotherapy. Chemo=chemotherapy. ICI=immune checkpoint inhibitor. ICI-chemo=ICI plus chemotherapy. ICI-antiangiogeno-chemo=ICI plus antiangiogenesis plus chemotherapy. NA=not applicable.

Previous studies have consistently supported the idea that the toxicity profile of ICI-antiangiogeno-chemo is generally well tolerated, with grade 3 or worse adverse events predominant in haematological parameters (neutropenia, anaemia, thrombocytopenia, decreased blood cell count, and myelosuppression) and non-haematological parameters (peripheral neuropathy, myalgia, alopecia, and fatigue).<sup>20,21,45,46,61</sup> Moreover, in the ORIENT-31 study,<sup>17</sup> participants receiving ICI-antiangiogeno-chemo had a favourable Eastern Cooperative Oncology Group performance status without a loss in quality of life compared with those receiving chemotherapy. Our pairwise and network meta-analyses found no additional toxicity

signals for ICI-chemo compared with chemotherapy. However, the risk of severe-grade adverse events was higher with ICI-antiangi-chemo than with ICI-chemo or chemotherapy, reflecting the expected increase in toxicity associated with increased treatment. Furthermore, the single-arm meta-analysis, including a larger sample size, revealed that ICI-antiangi-chemo and ICI-chemo consistently ranked first in severe-grade adverse events. Therefore, clinicians should bear in mind the possibility of increased toxicity when prescribing these combination treatment strategies, aiming to maintain an optimal balance between efficacy and adverse effects for patient care.

To our knowledge, this study is the first comprehensive investigation of the efficacy and safety of multiple ICI-based treatment strategies for individuals with advanced *EGFR*-mutated NSCLC who have progressed on *EGFR*-TKIs. The findings challenge the widely accepted theory in current clinical practice that ICIs do not offer substantial benefits to this population and propose that this theory only applies to ICI monotherapy and not to specific ICI-based combination treatments such as ICI-antiangi-chemo and ICI-chemo.

Previous meta-analyses on ICI treatments for advanced *EGFR*-mutated NSCLC have often overlooked individuals resistant to *EGFR*-TKIs and ICI-based combination treatments.<sup>11,13</sup> Two more recent meta-analyses<sup>78,79</sup> have highlighted the antitumour benefits of ICI-based combinations for individuals who are TKI resistant, but had notable confounding factors. Qian and colleagues<sup>78</sup> focused on a subset of ICI-based combination treatments and used a non-uniform control group with chemotherapy and antiangi-chemo mixed together. Wang and colleagues<sup>79</sup> might not offer robust comparisons across various treatment strategies due to the inclusion of numerous non-randomised controlled trials and scarce randomised controlled trials for each treatment strategy. In comparison, the main strengths of this study include: an up-to-date time window covering new and updated data, allowing the inclusion of the largest number of studies and all available ICI-based treatment strategies; enhanced robustness and reliability by employing diverse meta-analytical techniques on data from not only multi-arm trials but also an extensive collection of single-arm trials; and assessments in multiple key subpopulations stratified by PD-L1 expression level, *EGFR* mutation type, Thr790Met mutation status, and smoking status, substantially expanding the clinical applicability of the findings.

However, several limitations of our work should be considered. First, our study used reported trial data rather than individual data. Despite the inclusion of only prospectively registered clinical trials, differences in trial design and heterogeneity among participants inherently persisted as possible unmeasured confounders impairing estimates. For instance, previous *EGFR*-TKIs to which participants were resistant to varied across trials,

and some trials only provided investigator-assessed outcome data. Second, the robustness and reliability of results might have been undermined by data sparseness. There were a relatively low number of trials and participants involving some ICI-based treatment strategies like ICI-antiangi (only one trial<sup>47</sup>) and ICI-ICI (only one trial<sup>62</sup>). Nonetheless, we employed three meta-analytical methods (single-arm, pairwise, and network) for multifaceted evaluations, yielding mostly consistent results. Third, molecular mechanisms of *EGFR*-TKI resistance, such as *MET* amplification,<sup>80</sup> are increasingly recognised but were not addressed in our study due to insufficient accessible information. Lastly, there was little evidence of the translation of progression-free survival benefits to overall survival improvement, except for ICI-chemo over chemotherapy. The overall survival findings should be carefully interpreted considering the often immature reports, high rate of subsequent treatments, and common treatment switching in included randomised controlled trials. Hence, we have chosen progression-free survival as the primary outcome measure, given its substantially mature follow-up and low influence from post-progression treatments. It will be particularly interesting to investigate overall survival outcomes with ICI-antiangi-chemo and ICI-chemo in future studies for patients with *EGFR*-mutated NSCLC resistant to *EGFR*-TKIs, compared with other treatment strategies.

#### Contributors

YiZ, YH, WL, and JH conceived the study and contributed to study design and data interpretation. YiZ, YH, WW, QC, FG, ZC, JZ, YuZ, HD, SL, and HL did the literature search, data extraction, and data analysis. WL and JH accessed and verified the data. YiZ, YH, QC, FG, and HD wrote the manuscript. WW, ZC, JZ, YuZ, YC, SL, and HL provided material support. All authors read and approved the final version of the manuscript, had full access to the study data, and had final responsibility for the decision to submit for publication.

#### Declaration of interests

We declare no competing interests.

#### Data sharing

Data and any code used for the analysis will be shared with individuals upon reasonable request to the corresponding author from the time of publication.

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